

*'I know the plans  
I have for you,  
says the Lord,  
plans for your  
welfare and not for  
harm, to give you a  
future with hope.*

*Then when you call  
upon me and  
come and pray to me,  
I will hear you.*

*When you search for me,  
you will find me;  
if you seek me  
with all your heart'*

Jeremiah (29:11)



These events are free of charge and do not require booking in advance. Should you require further information please contact Father Anthony by email or check our website:

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**Christ the King**  
Roman Catholic Parish, Wimbledon Park

# A special week for our neighbourhood

## 11-19<sup>th</sup> May 2019

Why not pop in to see?

A future full of HOPE



**Christ the King**  
Roman Catholic Parish, Wimbledon Park



Christ the King Parish is holding a special week of events for our neighbourhood in May. Over recent months the Parish Team has been working with the Jesuit Spirituality Team in order to prepare for this time.

We hope the week will not only nourish and refresh the faith of those who come to Christ the King but also strives to look outwards to families who desire community, to those who no longer engage with Church for many good reasons and to those who need to hear 'Good News'!

**It would be a very busy week for you if you attempted to attend everything on offer during the week so...**

**Why not consider which of the statements on this page apply to you; tick those to which you say 'yes' and put the relevant events in your diary!**

Hopefully, it will be a blessed week for all of us!

 **"I would like to deepen my prayer life"**

You might like to take part in the mission section entitled **'Week of Guided Prayer'**. This is an opportunity to meet with a prayer guide once a day (Mon-Fri) at your own convenience. The guide will give you ideas for prayer drawing on the wisdom of St Ignatius. An opening meeting on the Sunday links you with your guide for the week and the closing meeting on the Friday gathers up the fruits. It is a personal journey and is designed for busy people. **Please sign up in advance so that we can arrange the right number of prayer guides by emailing: [anthonyplummer@rcaos.org.uk](mailto:anthonyplummer@rcaos.org.uk)**

 **"I am really busy. Early mornings are my best time"**

You may like to call in for a simple **breakfast** and be led in different ways to pray for 10 minutes which you might then build into your morning routine when this week is over.

 **"I would like to chat about my faith with others"**

Come and enjoy a morning cuppa at the **'Faith and Life Café'** and explore with others some of the deeper questions of life, spirituality and faith.

 **"I have to pick the children up from school"**

You can call in to the parish hall for **'Tea, Mingle and Muse'** - be inspired by meeting our team and other parents on their way to do the same, just for a while, to ponder what it is to be a parent and how your faith plays a part in this.

 **"I wish there was more for me as a young person"**

**'YOUR Future Full of hope'** is an interactive workshop of drama, music and discussion for young people of secondary school age.

 **"I want to explore how my faith is relevant to my daily life"**

You may like to attend the Twilight Talks on offer.

**'Life Before Death: The Psychology of Flourishing'**

Fr Roger Dawson SJ, a Jesuit priest and Clinical Psychologist. Recent research in psychology has focussed on flourishing and what makes life worth living. Psychology of flourishing proposes that we need to do well along five dimensions: positive emotions; positive relationships; engagement; meaning; and accomplishment.

**'The Digital Life'**

Fr Tim Byron SJ, a Jesuit priest with extensive experience with young people in schools and universities. Our mobile devices have changed our lives. Some say for the better. Some say for worse. How do we live wisely and spiritually in the digital age? How do we approach this technology with a discerning heart and mind so that it complements the lives we lead rather than dominates it?

 **"I care about the environment in which I live and the diverse community I share it with"**

**'One Family – One Creation'**

Pope Francis wrote a letter to all people on the planet to care for our common home. How might the community of Wimbledon Park respond? This will be a fun, informal workshop to explore how we can work together and make a difference.